

**CHRIST**

**CONSCIOUSNESS**

**By**

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## Chapter I

### LOVE

Love is the summit of wisdom. Wisdom has to be transmuted into love; love is transmuted into happiness.

The germs of wisdom are transmuted into the flowers of love.

The intellect cannot give happiness.

Authors contradict themselves in their works. The poor reader has to drink from the bitter cup of doubts.

Doubt engenders confusion and craziness.

Faust, after his hair had gone grey in his library's dust, exclaims, "I studied everything with intense yearning, I studied everything with mad craving, and today, poor fool of miserable brains, what do I know? The same that I knew - I could only learn that I know nothing".

Intellectualism brings about neurasthenia and diseases affecting the cerebrospinal nervous system.

The man who has exhausted all his life amongst the dust of libraries falls into the confusion of doubts and the only thing he can get to know is that he does not know anything.

Doubt destroys occult powers.

Students of spiritual matters suffer Tantalus' supplice.

It is very sad to live eating theories. The best is to transmute wisdom into love.

To love is the best. Happiness is transmuted love.

We have to awake the consciousness with with the blessed flame of love. We have to love, so as to reach happiness.

Happiness is nothing else than transmuted love.

The intellect just freezes thought in the brain.

Whoever may want to become ENLIGHTENED must reconquer lost childhood.

The battling between antitheses destroys occult powers. This battling of reasonings damages the mind's powers.

Whoever may want to have occult powers must put an end to the battling of reasonings.

Whoever may want to be a magician must have a child's mind.

It is better to exchange wisdom for love. Love is the only thing that can turn us into Gods.

## Chapter II

### THE CONSCIOUSNESS

We Gnostics are only interested in the awaking of the consciousness. We advocate the aristocracy of the Spirit and the awaking of the consciousness.

There is only a Great SOUL. That SOUL is Plato's Anima Mundi, the Great Alaya of the World, the Intracosmic Soul.

Our human consciousness is nothing but a spark flown off the Great SOUL of the World.

It is necessary to achieve the awaking of the consciousness in order to know the secrets of life and death.

We have to liven up the flame of the Spirit with the force of LOVE.

Our consciousness must awake in ever higher planes.

We must cultivate the culture of the consciousness. Knowledge which does not become consciousness can only damage the Mental body.

In the East, the consciousness is called BUDDHI.

The BUDDHI is our superlative consciousness. The Buddhic body is our Spiritual Soul.

He who achieves the awaking of the Cosmic consciousness becomes an ineffable God.

The Cosmic consciousness awakes with CHASTITY, with pain, with music, and with Meditation.

## Chapter III

### MEDITATION

When the magician immerses himself in Meditation, he is looking for information. Meditation is a Scientific system to receive inner information. Meditation entails four phases:

1st: ASANA (posture of the Physical body). The body has to remain in a completely comfortable position.

2nd: DHARANA (Concentration). We must turn the mind away from all kind of earthly thoughts. Earthly thoughts must fall dead before the doors of the temple. We have to concentrate the mind only inwards... on our INTIMATE one.

3rd: DYANA (Meditation). In those instants the student must meditate on the INTIMATE one. The INTIMATE one is the SPIRIT.

*"Remember that your bodies are the temple of God alive, and that the Almighty dwells in you"*. The disciple must deeply drowse trying to converse with his INTIMATE one.

4th: SHAMADI (Ecstasy). If the disciple has managed to drowse meditating on his INTIMATE one, then he goes into the state of Shamadi and can see and hear ineffable things, and chat with the angels. This is how the consciousness awakes from its millenary lethargy. This is how we can acquire true divine Wisdom without damaging the mind's powers with the battling of reasonings, or with vain intellectualism. Meditation is the sage's daily bread.

## Chapter IV

### THE WOMAN

The woman is the Creator's most beautiful thought, made flesh.

The woman is the door of EDEN. We have to learn to enjoy Love, with the greatest wisdom.

Before GOD had taken Eve out of Adam's rib, he was alone in Eden.

The man and the woman must again form one single BEING in order to go back to Eden.

GOD shines gloriously over the perfect couple.

It is better to enjoy love than to grow old among the dust of libraries.

Whoever may want to become a GOD, must not spill the semen.

Water must be transmuted into wine. When we restrain desire, water is transmuted into the wine of LIGHT.

The man must withdraw from the woman without ejaculating the Semen.

Restrained desire makes our seminal liquid raise to the Chalice of the brain. This is how all our powers awake. This is how the Holy Spirit's Sacred Fire awakes in us. This is how all our powers are awakened and we become Gods.

The Hindustani speak about awaking the KUNDALINI, and we say that the Kundalini awakes by practising Sexual Magic with the woman. When the man gets used to withdrawing without having spilled the Semen, he acquires the following powers; intuition, clairvoyance, magical hearing, telepathy, powers over life and death, powers to never die, powers over lightning and storms, over hurricanes, and over earth.

Man went out of Eden through the doors of SEX, and only through that door can he enter EDEN. The woman is the door of EDEN. Let us love the woman intensely.

[[Note from the translator: what the author is saying here about the man in relation to the woman should be understood also about the woman in relation to the man.]]

## Chapter V

### MUSIC

Music comes from the Higher Worlds. Music has the power to awake the consciousness in the Higher Worlds. Music is GOD's verb.

It is better to cultivate the art of music than to waste time among the battling of reasonings.

Music is GOD's word.

The true music is classical music. Afro-cuban music (antillean songs, "porros", "mambos", "cumbias", etc) can only awake the low animal passions. Let us always listen with devotion to Beethoven, Litz, Schubert, Haydn, Mozart, Tchaikovsky, Strauss, Haendel, etc.

## **Chapter VI**

### **FLOWERS**

Gnostics should always have a garden at home. We must always cultivate our garden. Flowers remind us of the ineffable joy of the Halls of NIRVANA.

## **Chapter VII**

### **THE TRINITY**

When the Father unites himself with the Mother, the Son is born. The very beloved Father; the very adored Son; the very wise Holy Spirit: they shine inside our heart. When a man and a woman unite, they can become Gods. This is how the TRINITY becomes flesh in us. This is how our consciousness becomes Christified.

## **Chapter VIII**

### **SIMPLICITY**

We must be simple in order to be wise. We must put an end to any kind of reasonings. We must put an end to any kind of desires, emotions, passions, hatred, selfishness, violence, greed, intellectualism, social prejudices, etc. We must have a mind like a child has, we must be pure and simple. We must love the woman intensely, and feed daily on the bread of meditation. Only thus will we achieve the awaking of the Christic consciousness. Only thus will we become Gods.

## Chapter IX

### THE MAGIC POWER

I have known men who used to perform miracles and wonders; most of these men were illiterate.

When getting to know their secrets, I used to be astonished to see that all their power was in simple prayers apparently without importance.

However, those men used to do miracles and wonders that men with forty and fifty years of spiritual studies could not do.

All the power of these simple, illiterate men was in their faith.

I knew a man who would transform his face and would make himself invisible. Neither bullets nor knives could penetrate that man. He told me his secret. The key was very simple.

That man used to bless the four cardinal points and then pray to the angel Gabriel with a prayer that goes:

"The Sun has thirteen thousand rays; the Moon has thirteen thousand rays; thirteen thousand times may the enemies I have be shamed."

That man used to plead with the angel Gabriel, and the angel would make him invisible or transform his face, or protect him from bullet or knife.

An intellectual lives chopping and changing from school to school, from sect to sect, from book to book, and after so many contradictions and theories, ends up losing his faith.

This kind of people, after forty and fifty years of spiritual studies, are more miserable than any illiterate person. Doubt shatters their occult powers, and their esoteric practices fail flatly because they are lacking in faith.

CHRIST said, *"Have faith as a mustard seed, and you will move mountains"*.

I, AUN WEOR, AVATAR-BUDDHA of the New Age of AQUARIUS, declare that FAITH is the most tremendous magical power existing in the Universe.



## **Chapter X**

### **HOLINESS**

Nothing can be achieved without Holiness. Crime also hides amongst the incense of prayer. All spiritual schools are full of adultery, fornication, gossip, envy, slander, etc.

Pride dresses itself up in the tunic of humility, and within the robes of holiness, adultery dresses up as a saint.

The most evil deeds I have known in life, I have seen them in the spiritual schools.

It seems incredible, but among the oil of myrrh and the incense of peace, crime also hides.

Devotees hide their crimes in the secret of their temples.

Lay people have the merit of not hiding the crime.

Devotees smile full of fraternity and stick the knife of treason into their Brother's back.

**Samael Aun Weor**